

COVID – Guidelines – West Midlands Arena League 2021

1. All swimmers take lateral with in 48 hours off the gala
2. Swimmers to keep social distance where possible
3. 1 parent per 1 swimmer at each gala where possible
4. Team managers/Coaches only send 1 swimmer behind blocks at time except when relays (1 relay team at time)
5. Adults to wear masks when entering & leaving building until in spectator seats or on poolside
6. Work with your Covid officers to keep all swimmers safe