



Changes to the Programme, Rules and Constitution for the National Arena Swimming League (South) 2023

The Programme

The 2023 programme has the following changes:

1. Reverted to the pre-Covid programme of single sex relays and 50 events.
2. A squadron race has been added at the end.

The Constitution

Point 9 (d) - FINA has been replaced by World Aquatics.

The Promotor's Conditions

Point 11 - All galas shall be licensed.

Point 20 – The revised 2023 programme is in force. Note that race 51 (Mixed Squadron Freestyle Relay) may be swum in any order.

Point 22 - The wording regarding Swim England's Transgender and Non-Binary Competition Policy is added.

Point 24 - Reference to the Swim England document "Team Manager Coach and Chaperone Policy' for guidance is added.

Point 27 - For race 51, the Mixed Squadron Freestyle Relay, swimmers must swim in their own age group and defined category. They must not swim up.

The thinking behind Point 27 was clarified: It was advised that the National Executive felt that by doing, this participation across all age groups would be encouraged.