



The National Arena Swimming League - London

ROUND ONE – SATURDAY 11th OCTOBER 2025

PREMIER			
Gala one	Woodside Leisure Centre, Watford Warm up 5.30pm for a 6pm start Licence no: 2ER252148	Gala two	Inspire: Luton Sports Village, Luton Warm up 6pm for a 6.30pm start Licence no: 2ER252147
Lane 1	Watford HOST	Lane 1	Hillingdon A
Lane 2	Greenwich Royals	Lane 2	Teddington
Lane 3	Colchester	Lane 3	Enfield Swim Squad
Lane 4	Chelsea & Westminster	Lane 4	Basildon & Phoenix
Lane 5	Camden Swiss Cottage A	Lane 5	Hackney Anaconda A
Lane 6	Brompton	Lane 6	City of St Albans
Lane 7	Maxwell	Lane 7	Hatfield
Lane 8	Camden Swiss Cottage B	Lane 8	Bishops Stortford HOST
DIVISION ONE			
Gala one	Aqua Vale Swimming & Fitness Centre, Aylesbury Warm up 4pm for a 4.30pm start Licence no: 3ER252152	Gala two	Braintree Swimming Centre Warm up 4.30pm for 5pm start Licence no: 3ER252151
Lane 1	Stopsley Swim Squad Red	Lane 1	Staines
Lane 2	Dunstable	Lane 2	Halstead HOST
Lane 3	Aylesbury & District HOST	Lane 3	Saxon Crown (Lewisham)
Lane 4	Hillingdon B	Lane 4	Harpenden
Lane 5	Stopsley Swim Squad White	Lane 5	Haringey Aquatics
Lane 6	Linslade Crusaders	Lane 6	Potters Bar
Lane 7	Borough of Broxbourne Swim Squad	Lane 7	Barking & Dagenham
DIVISION TWO			
Gala one	Harrow Lodge Leisure Centre. Hornchurch Warm up 6.30pm for a 7pm start Licence no: 3ER252149	Gala two	Harrow Lodge Leisure Centre. Hornchurch Warm up 3pm for a 3.30pm start Licence no: 3ER252150
Lane 1		Lane 1	
Lane 2		Lane 2	
Lane 3	Hackney Anaconda B HOST	Lane 3	Stopsley Swim Squad Blue HOST
Lane 4	Verulam	Lane 4	Broomfield Park
Lane 5	Rochford & District	Lane 5	Leighton Buzzard
Lane 6	Ealing	Lane 6	Tring
Lane 7	Stevenage	Lane 7	Berkhamsted
Lane 8		Lane 8	