



The National Arena Swimming League

London

Rules

1. Name
 - a) The league shall be called "**The National Swimming League - London**", and will trade under that name, with the addition of the name of a sponsor (as required)
 - b) The league will be known as **The National Arena Swimming League-London (TNASL-L)**
2. Objectives
 - a) To find the premier team to compete in The National Swimming League cup final and the second placed team to compete in one of the finals weekend galas. The top six placed teams from the London final will be entered in a national league virtual gala, from which other teams will be invited to the national finals.
 - b) To give opportunity for the maximum number of different clubs to compete against each other.
3. As a constituent league of The National Arena Swimming League, TNASL-L will comply with the rules of The National Arena Swimming League, as appropriate.
4. Swim England Regulations and Technical Rules shall apply to the league.
5. The league shall be managed by an executive committee consisting of the chairman, secretary, treasurer, administration officer, and one elected member. The executive committee shall be elected at the Annual General Meeting (AGM) and remain in office until the next year's AGM. Any contingency not covered by the rules of the league shall be referred to the executive committee for interpretation and decision. The executive committee shall meet as and when required.
6. General Meeting
 - a. An AGM comprising of the executive committee and one delegate from each competing club shall be held in May/June of each year to elect the executive committee, revise rules, and carry out any necessary business. Any proposed changes in the rules, other than those proposed by the executive committee, shall be duly seconded by another club and sent to the secretary by 31st March. At a General Meeting, alterations to the rules to be carried require twice as many votes in favour of the proposal as against.
 - b. Nominations for Hon. Life Vice-Presidents must reach the secretary by 31st March. They shall be approved at an AGM for exceptional services to "The National Swimming League - London"
7. Finance
 - a. The financial year shall end on 31st March. In the event of the dissolution of the league, the funds remaining shall be devoted to objects as determined by the members of the executive committee.
 - b. Each team shall pay an annual subscription, decided at the AGM, prior to the forthcoming year of competition, which shall become due for payment on 1st May. Only paid up members shall be entitled to vote at the AGM. Any team whose subscription is unpaid by 1st September, may not be entitled to participate in the league competition.
 - c. Clubs who host a gala shall, within three weeks of the gala, submit a financial statement, and forward to the league the total door money, less expenses for the provision of poolside drinks.
 - d. The league will reimburse clubs who hire and pay for a pool.

8. Each swimmer participating in TNASL-L shall have joined the club he/she represents before 1st October in the year of competition. Any competitor having swum for one club shall be ineligible to swim for another league club in any of the constituent swimming leagues in the current year of League competition
9. The National Swimming League "year" is 1st May to 30th April, with the age-groups being as at 31st December in the year of competition.
10. Application by swimming clubs to join the league must be sent to the secretary. Applications will be taken in strict rotation and new teams may have to be placed on a waiting list. A club wishing to withdraw from the following season's competition shall notify the secretary by the Annual General Meeting. A penalty of £500 plus the annual fee shall be imposed for late notification. Withdrawal from the rounds shall incur a fine of £200 per gala. Non-payment may bar a club from re-entry to The National Swimming League - London, or any of the other leagues in The National Swimming League constituent leagues.
11. A club which resigns from the league may not be considered for re-joining the competition for the next season i.e. one season shall be missed.

September 2025