

NASL EM League Round 3 Draw - 8th November 2025

Gala 1	Licensed Level 2	***	Gala 2	Licensed Level 3
1	Nottingham Leander		1	Sherwood Colliery
2	Norwich Swan A		2	Co Cambridge B
3	Co Cambridge A		3	Chesterfield
4	Co Norwich A		4	Co Peterborough B
5	Co Peterborough A		5	Biggleswade
6	Corby		6	Co Norwich B
7	West Norfolk SC		7	Norwich Swan B
8			8	

Gala 3	Licensed Level 3
1	Northampton A
2	Northampton B
3	Co Milton Keynes
4	Team Waveney
5	Co Norwich C
6	Beford Swim Squad

***	Gala results adjusted to 8 lane gala	
Gala 1	Co Norwich SC	Sportspark, UEA, Norwich, NR4 7TJ
Gala 2	Co Cambridge	Parkside Pool, Gonville Place, Cambridge CB1 1LY
Gala 3	Northampton A	Corby East Midlands International Pool, Parkland Gateway, George St, Corby NN17 1QG* TBC Await Booking confirmation

NASL EM - LEAGUE TABLE AFTER R1 2025

Position	Name	League Points					Gala Points			
		Rd1	Rd2	Bonus	Rd3	Total	Rd1	Rd2	Rd3	Total
1	City of Norwich A	8	8	40		56	372	314		686
3	Co Peterborough A	8	8	40		56	339	310		649
2	City of Cambridge A	7	8	40		55	329	317		646
4	Corby	8	7	40		55	301	266		567
5	Norwich Swan A	7	7	40		54	359	284		643
6	West Norfolk	6	7	40		53	271	257		528
7	Nottingham Leander	7	6	40		53	293	233		526
8	Northampton A	6	6	40		52	281	211		492
9	Co Peterborough B	5	6	20		31	219	209		428
10	Biggleswade	6	4	20		30	281	186		467
11	Chesterfield	5	5	20		30	266	178		444
12	City of Norwich B	5	5	20		30	213	184		397
14	Co Cambridge B	4	5	20		29	211	190		401
15	Norwich Swan B	4	4	20		28	167	164		331
13	Sherwood Colliery	4	3	20		27	220	157		377
16	Bedford Swim Squad	3	4	20		27	162	165		327
18	Co Milton Keynes	3	3	0		6	203	163		366
17	Team Waveney	2	3	0		5	157	159		316
19	Northampton B	3	2	0		5	151	77		228
20	City of Norwich C	1	2	0		3	129	111		240