



Plate Final Schedule

Saturday 7 th March – The 25 th Plate Final	
Time	
12.00	Doors open for spectators and swimmers
12.15	Safety announcements, followed by the start of warm-up
12.15	Meeting of team managers
12.15	Meeting of officials
13.00	End of warm-up Announcements, including safety, and welcome to guests Grand parade of officials to their places Grand parade by representatives of the competing clubs National anthem – All stand and join in the singing Opening of the gala by Roger Prior, Swim England President Club representatives return to their teams, to the singing of 'Land of Hope and Glory': All stand and join in the singing of: Land of Hope and Glory, Mother of the Free How shall we extol thee, who are born of thee? Wider still and wider shall thy bounds be set, God, who made thee mighty, make thee mightier yet, God, who made thee mighty, make thee mightier yet.
Circa 15.45	End of racing
	Announcement and presentation of "The Best Supporters" prize Allan Thornton – Arena Ambassador Announcement and presentation of the "Best in Age-Group" awards Announcement and presentation of the "Swimmer of the Meet" trophies Announcement and presentation to the winning club in the Arena Relay Challenge Trophy Gala points results – in reverse order – Captains of 10th, 9th, 8th, 7th, 6th, 5th, 4th, 3rd & 2nd placed clubs to receive The National Arena Swimming League bannerette Winner – Captain and team to receive the Arena Trophy and The National Arena Swimming League bannerette Final announcements



Competitor teams for Plate final in Lane order

Lane	Club
9	Wigan BEST
8	City of Norwich
7	RTW Monson
6	Woking
5	Brompton
4	Bromley
3	Basildon and Phoenix
2	City of Cambridge
1	Blythe Barracudas
0	City of Coventry

Swim-down facilities will be available from 1.30pm until the start of Presentations in the diving pit area.

Team staff for those athletes using the facilities are responsible for the correct use and watching their swimmers whilst using the swimdown facilities.



PROMOTER'S CONDITIONS – Plate Final

- 1 Event
 - a) The League Plate Final shall be swum on 7th March 2026. The promoter is Ian Mackenzie of The National Swimming League – affiliated to Swim England.
 - b) It shall be swum under Swim England Regulations and Technical Rules and in accordance with the promoter's conditions.
 - c) The event is licensed IWM260200 by Swim England West Midlands for entry into national competitions and championships.
- 2 Pool
 - a. The Sandwell Aquatics Centre pool is a 50m pool with ten lanes. The depth of the pool, at both ends, is 2 metres. The height of the blocks above the water level is 750mm.
 - b. Automatic officiating equipment shall be used.
 - c. All finishes shall be at the same end of the pool.
 - d. Warm-up will be lanes 0,2,4,6,8 clockwise and 1,3,5,7,9 anticlockwise
- 3 Competitors
 - a. The age-groups for all competitors shall be based on their ages as at 31st December 2026. All competitors shall be registered with the Swim England as a Club Compete registered swimmer, or with Swim Wales as a Cat 1 or Cat 2 registered competitive swimmer.
 - b. All competitors shall have joined the club they represent before 1st October 2025. Any competitor, having swum for one league club in any one of the six leagues, shall be ineligible to represent another club in this competition.
 - c. Competitors may swim in any number of events, subject to a maximum of three individual events, two in their own age group, however in the 17+ age group three individual events are allowed.
 - d. Competitors must not enter the designated spectator area in wet costumes and must wear appropriate footwear if they leave the poolside.
 - e. The age-groups shall be 11/12 years; 13/14 years; 15/16 years, and 17+.
 - f. Competitors must have swum in the rounds of their own league in the League year.
- 4 Officials
 - a. Each club shall provide three officials, qualified and licensed
 - i. Two J1 officials, (minimum qualification)
 - ii. One J2 official, (minimum qualification)
 - b. The League will provide suitably qualified and licensed referees and starters.
 - c. All officials must wear black trousers or skirts, shorts are not allowed.
 - d. Only black accessories including shoes will be allowed
 - e. It is anticipated that a white Arena shirt, an Arena clipboard and Arena drinks bottle will be supplied for the officials
- 5 Competition
 - a. Overall competition
 - i. The final shall be swum for a perpetual trophy.
 - ii. Points scoring shall be 10 points for 1st place, 9 points for 2nd place, 8 points for 3rd place etc. for all events. There will be no points awarded for a disqualification or for no competitor.
 - iii. In the event of a dead heat, both clubs will receive the same number of points for the position in which they tied. i.e. dead heat for first place, both clubs receive 10 points, and the next club receives 8 points for being 3rd.
 - iv. The club with the highest number of points at the end of the gala is the winner of the trophy.
 - v. In the event of a tie, on final gala points, then the winner will be the club with the greater number of 1st places. If these are equal, then second places will be taken into account, and so on.
 - vi. During the competition the team managers are responsible for the behaviour of their teams.
 - vii. Only the chief coach and four team staff are allowed on the poolside during the competition other than accredited swimmers and other accredited personnel
 - b. Relay competition
 - i. The Relay Challenge in the League final shall be swum for a perpetual trophy.
 - ii. The trophy will be presented to the club with the lowest aggregate of times recorded for the team relay events.
 - iii. If a team is disqualified in a relay event, the team will be eliminated from the Relay Challenge.
 - iv. In the event of a final tie in aggregate times, the principles in "5 a) v)" above shall apply.
 - c. Age-Group prizes

There shall be prizes awarded to "Best in Age-Group" for each of the three age-groups, both for girls and boys i.e. 11/12yrs; 13/14; 15/16. (see 3e above)
 - d. 'Swimmer of the Meet' trophies

There shall be a female and male 'Swimmer of the Meet' trophy awarded to the 17+ swimmers who achieve the best points scored, based on the latest published WA tables